

Monday 14th January

Junior Menu – Lunch
Chicken Burgers, Noodles, Watermelon, Slushee, Seasonal Fruits

Aussie BBQ - Dinner
Sausages, Homemade Burger (Meat or Veg)
Salads: Coleslaw (V,GF), Garden Salad (V,GF), Pasta Salad
Deserts: Seasonal Fruit (GF)

Tuesday 15th January

Roast Boller Blade - 20 kg / Steamed Chicken (sliced and shreaded)
Roasted/Steamed Vegetables: Peas, Zucchini, Carrots, Potatoes, and Pumpkin
Salad Bar
Sweet: Brownie / Chocolate Cake /Seasonal Fruits

Wednesday 16th January

Pasta/Pasta Bolognese / Falafel in Pita Bread / Steamed Chicken
Roast Vegetable Wrap (V, LF)
Salad Bar
Garlic Bread
Sweet: Muffins / Seasonal Fruits

Thursday 17th January

Marinated Chicken Drumstick and Fried Rice / Steamed Chicken
Nachos / Sausage Roll
Salad Bar
Vegetarian Lasagne with Garlic Bread (V) Spinach/Pumpkin Risotto (LF, GF, V)
Seasonal Fruits

Friday 18th January

BBQ: Sausage, Hamburgers, Vege pattie / Steamed Chicken
Salad Bar
Seasonal Fruits

Saturday 19th January

Sandwich Day / Leftovers
Seasonal Fruits

Salad Bar: Lettuce, Wombok, Rice (Brown/White), Rice Noodles, Spiral Pasta, Cous Cous, Tomato, Carrot, Cucumber, Onions, Chick Peas, Sundried Tomato, Sultanas, Raisins, Olives, Corn, Boiled Eggs, Ham, Sliced Cheese, Celery, Red and Green Peppers, Croutons, Nuts, Fresh herbs, Coleslaw, Potato Salad Dressings: French, Greek, Vietnamese, Mayonnaise

V = Vegetarian ; GF = Gluten Free ; LF = Lactose Free